



PRESS RELEASE

PR #2003-05 (Wednesday, May 14, 2003)

Attention: SPORTS/NEWS

FOR IMMEDIATE RELEASE

CONTACT: Donna Fox, MEDIA RELATIONS **619-295-8649**

San Diego SunFire Media Release

2-day Training camp kicks off Official Practice season for the SunFire!

San Diego, CA –After two tryouts, and a one-day mini camp the SunFire has invited a total of 55 players to a 2 day 2-a-day training camp beginning **Saturday, May 17th at MCAS Miramar, Field One.** 25 veterans, including all-stars Carmen Cruz (WR), Isis Wagner (LB), Athena Reyes (DB), Robin Leafblad (WR) and Railene Ritzberg (RB) will be on hand for the training camp. 45 travel team spots are available, well as 12 spots for the 2003 practice team.

May 17th and May 18th – Training Camp

Field One, Miramar

9 am - 12 pm and 2pm - 4pm both days

Check in at 8:30 am for all participants

MANDATORY for all Rostered Players

40 yd dash, short shuttle, position and ball handling drills, bench press, vertical leap, 20 yd shuttle LR, general conditioning drills, scrimmage situations, non-contact

Directions to Miramar Base – Field One – From 15 exit Miramar Way. Go through back gate. Tell Guard that you are there for the Women's Football team. Go to the first light and go right. The street is Gonsalves. Go up 2 streets – past the new gym. Take a Right on Elrod. Go through stop sign and bear right.

After the Training Camp fans can meet the SunFire at the RipTide game Saturday night at the Sports Arena!!!.

The SunFire enters its 3rd season as a new member of the Women's Professional Football League. The WPFL regular season is slated to begin August 2nd. League Executive Director, Robin Howington believes the SunFire is the perfect match for the WPFL. "We're happy to have the SunFire in the WPFL! They've been an established team and they've proven themselves in Women's football. We look forward to them as an asset in the WPFL with their knowledge, experience and professional determination."

The WPFL is 5 years old and currently has 19 teams. **The Women's Professional Football League, is the oldest and most respected women's full contact tackle football league in the world.** The league began play in 1999 with a barnstorming tour of the nation with only two teams, with stops in St. Paul, Chicago, Green Bay, Minneapolis, New York, and Miami. For more info on the WPFL please call 713-926-7677 or visit the web site at: www.womensprofootball.com

For SunFire Media Relations call 619.295.8649 or visit the team's website:

www.sandiegosunfire.com

Go SunFire!